



West High Counseling Presents

Coffee *with* Counselors

SCHEDULE OF EVENTS

Every first Thursday of the month at 8am

OCTOBER 4TH

College Application Requirements

NOVEMBER 1ST

Naviance 101

DECEMBER 6TH

Social Emotional Awareness

JANUARY 10TH

College Admission Test Prep: ACT v SAT

Grades / Academic Record

Most admissions officers report that, along with GPA, the rigor of the high school curriculum is the most important element of the college application:

- Choose high school classes carefully. Make sure your student is challenged with honors classes and AP classes, but not overscheduled.
- Grades matter for all four years.
- Focus on getting good grades, and get homework help when needed to stay on track.
- Even if your student had a rough first year, there's still time to turn their grades around. Many schools acknowledge a student's upward trend.

a-g Requirements

SUBJECT	WEST HIGH SCHOOL GRADUATION	UNIVERSITY OF CALIFORNIA & CALIFORNIA STATE UNIVERSITY
a. History and Social Studies	<p style="text-align: center;">3 YEARS: 1 year World History 1 year U.S. History 1 semester U.S. Government 1 semester Economics</p>	<p style="text-align: center;">1 year U.S. History or 1 semester U.S. History and 1 semester U.S. Government <u>and</u> 1 year World History</p>
b. English	<p style="text-align: center;">4 YEARS</p>	<p style="text-align: center;">4 years College Prep</p>
c. Mathematics	<p style="text-align: center;">2 YEARS</p>	<p style="text-align: center;">3 years: (4 recommended) Algebra 1 + Geometry + Algebra 2</p>
d. Science	<p style="text-align: center;">2 YEARS 1 year Physical Science (Physical Sci of the Earth, Chemistry, Physics) <u>and</u> 1 year Biological Science (Biology)</p>	<p style="text-align: center;">UC: 2 courses from Biology, Chemistry, Physics CSU: 1 Biological Science, 1 Physical Science</p>
e. World Language	<p style="text-align: center;">1 year of a World Language <u>or</u> 1 year of Fine Arts</p>	<p style="text-align: center;">2 years of the same World Language (3 recommended)</p>
f. Fine Arts	<p style="text-align: center;">See Above</p>	<p style="text-align: center;">1 year course in the same subject</p>
g. Advanced Studies or Additional Requirements	<p style="text-align: center;">75 Elective Credits 2 years Physical Education 1 semester Health</p>	<p style="text-align: center;">1 year of College Prep Electives from the West High School UC/CSU a-g approved list See website https://hs-articulation.ucop.edu/agcourselist#/list/search/all</p>

Testing

	SAT	ACT
What is the test structure?	Four sections: <ol style="list-style-type: none">1. Reading2. Writing and Language3. Math4. Essay (optional)	Five sections: <ol style="list-style-type: none">1. Math2. English3. Reading4. Science5. Writing (optional)
How is the test scored?	Score is based out of 1600: <ul style="list-style-type: none">→ Math = 800→ Reading and Writing = 800→ Optional essay will receive a separate score→ SAT Essay = 2-8	1-36 for each test section: <ul style="list-style-type: none">→ Test sections will be averaged together for a composite score of 1-36→ Writing Test = 2-12
Are all the test scores sent to schools?	Unless you enroll in Score Choice, all of your scores will be reported to colleges.	You can choose which scores you'd like sent to colleges
Need more information?	http://sat.collegeboard.org/home	www.actstudent.org

Test Scores

SAT and/or ACT scores take the lead, but admissions officers consider students' performance on other standardized tests as well:

- Junior year PSAT scores can qualify your student for scholarship programs such as the National Merit® Scholarship.
- Many selective colleges require students to submit SAT Subject Test Scores, and some colleges grant course credit for excellent performance. It's a good idea to take the Subject Tests right after you finish the related classes in high school.
- Good performances on AP Exams are one indicator for admissions officers of a student's potential for achieving in college. More than 1,400 colleges and universities accept high scores on AP exams for course credits.
- Schools accept both the SAT/ACT equally.

Extracurricular Activities and Awards

What your student does with their time outside the classroom shows colleges who they are and what qualities they'll bring to campus.

- Commitment to a sport, hobby, religious organization, or job over four years of high school is key. *Colleges would much rather see students excited about a few worthwhile endeavors than marginally involved with a ton of clubs.*
- If an after-school job is cutting into your student's extracurricular time, don't worry! Work experience demonstrates maturity and responsibility on their college application.
- Summer counts, too! Some students enroll in university programs to start earning college credits. Others volunteer or find a summer job. Whatever your student does, their summer activities can make their college application rise to the top of a competitive applicant pool.
- Prepare concise descriptions of the most significant awards and activities. Students may list up to five entries in each category on the UC application, so have your student think carefully about what they want to highlight. Also make sure to fully describe each item (up to 160 characters) for admissions offices to best understand their involvement.

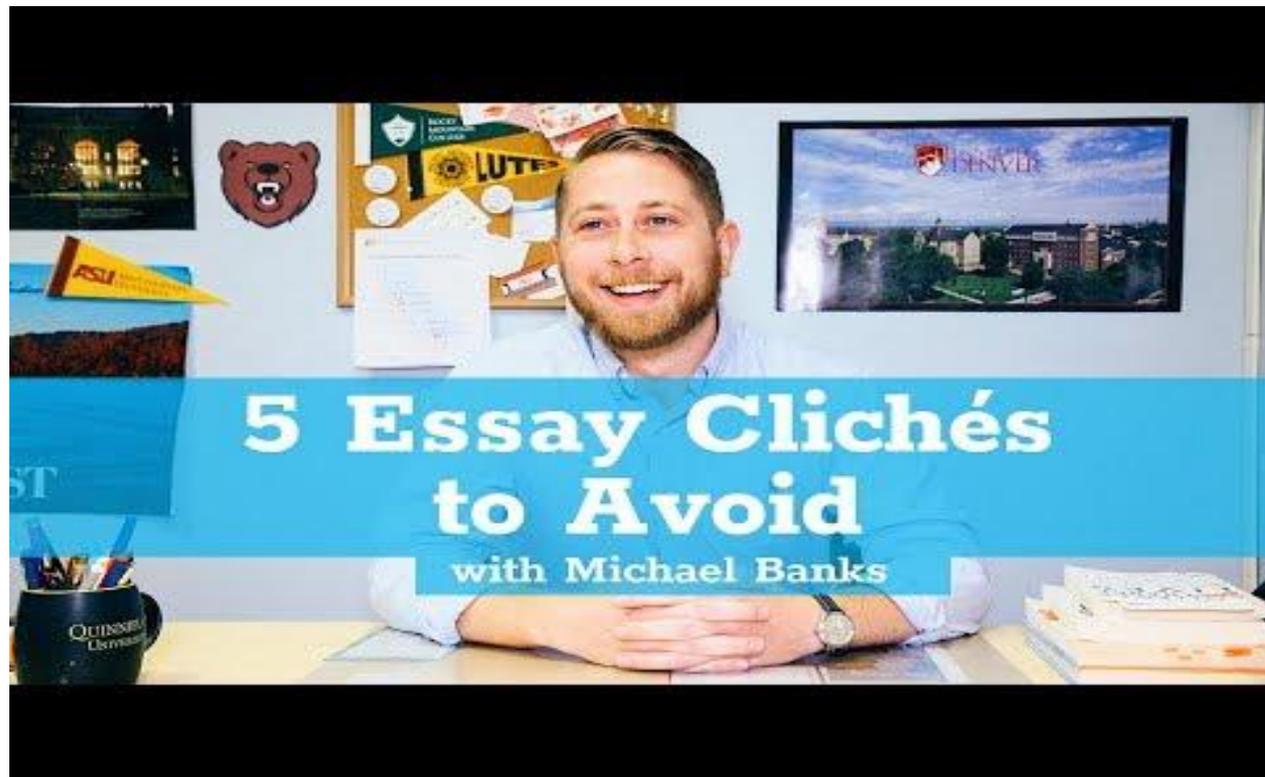
Additional Requirements

In addition to grades, test scores and courses taken, colleges and universities may consider the following:

- Resume
- Essay
- Letters of Recommendation
- Interview
- Portfolios or auditions

*Entrance requirements can vary from school to school.

Essay Cliches to Avoid



<https://youtu.be/-tn3-PuoK7k>



Naviance | *Student*

Resume

Scattergrams

SuperMatch

Colleges I'm thinking about

College Visits

Transcript Requests

Scholarships

Enrichment Programs

Career Interest Profiler

Upcoming Evening Counseling Events:

Date & Time	Event Title	Event Location	Event Description	Who should attend?
October 10 6 PM	TUSD Financial Aid Parent Night	Torrance High School Auditorium	Everything you need to know about Financial Aid: FAFSA (Federal Form), GPA Verification Form (Cal Grants), CSS Profile (private schools).	Primarily for junior and senior students and parents.
October 18 6 PM	9th Grade Night	West High School	Evening to orient new students and parents to have a successful high school career in the classroom and beyond.	Freshman students and parents.
November 7 6 PM	Case Studies Night	West High School	Interactive night where students and parents will serve on a mock college admission committee. Committees will be led by college admission professionals and will give participants an insight into how college admission decisions are made.	Primarily for sophomore, junior, and senior students and parents..

Looking for parent volunteers!

- Classroom testing supervision
- Career speakers

Contact:

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WEST HIGH SCHOOL COLLEGE DAY 2018

OCTOBER 24, 2018

9th Grade

COLLEGE CAMPUS TOURS

All ninth-grade students will participate in a field trip to a local four-year college campus. The purpose of the trip is to highlight the varied opportunities available to students in college. Students will be able to choose which campus they visit through eTUSD. The goal is exposure to a college campus, not research about a specific school. Registration will open on September 24th.

10th Grade

PRE-ACT TEST

All tenth-grade students will participate in the practice ACT test. In the afternoon, students will have an opportunity to attend an Out-of-State College Fair and work on college-focused activities. Students do not need to register for the Pre-ACT test.

11th Grade

PSAT/NMSQT TEST

All eleventh-grade students will participate in the practice SAT/National Merit Scholarship Qualifying Test. In the afternoon, students will have an opportunity to attend an Out-of-State College Fair and work on college-focused activities. Students do not need to register for the PSAT test.

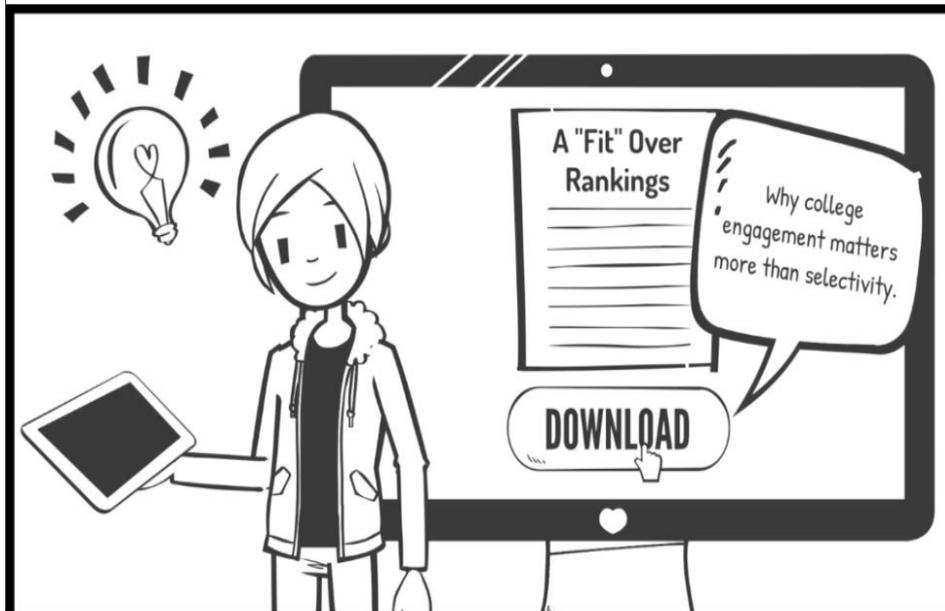
12th Grade

OPTION 1: COMMUNITY COLLEGE/TRADE SCHOOL CAMPUS TOUR OPTION 2: COLLEGE ADMISSION/CAREER SPEAKERS/"ADULTING 101" WORKSHOPS

Twelfth-grade students will have the opportunity to participate in one of the above options for their morning activity. Students interested in attending a community college or a trade school need to register for a campus tour on eTUSD on September 24th. Space is extremely limited. In the afternoon, all twelfth-grade students will hear a motivational speaker and attend a Financial Aid presentation.

Final Thoughts

[Watch a 90-Second Video Overview](#)



<https://vimeo.com/search?q=college+success+a+fit+over+rankings>