#### WEST HIGH ATHLETICS

**INCOMING 9th GRADE ORIENTATION** 

6:30pm

Presented by
Jason Druten - Athletic Director
310-533-4299 ext 7605
Druten.Jason@tusd.org

#### Coaches Email and Team Links

Link to team information

## HAVE FUN

- 1. Sports are supposed to be fun.
- 2. Not a dress rehearsal..Only one chance to be a 9th grader
- 3. Bring your friends...class of 2025 is the future!
- 4. Try "NEW" things!!!!

#### 5. WARRIOR PRIDE

### **EXPLANATION:** The 3 seasons

FALL: Football, B/G Cross Country, B-Water Polo, G-Volleyball, G-Tennis, G-Golf

WINTER: B/G Soccer, B/G Basketball, B/G Wrestling, G-Water Polo

**SPRING:** Baseball, Softball, B/G Track, B/G Swim, B-Tennis, B-Golf, Cheer- All Seasons

Athletics is your 6th period class. You get PE credit!

## **EXPECTATIONS: Warrior Pride**

- 1. Well Rounded Athlete Multi-Sport as 9th grader
- 2. Student Athlete 2.0 GPA and less than 2 U's
- 3. Carry on the rich West High Athletic Tradition!

## Summer Athletic Application

## **APPLICATION FORM**

EVERYONE MUST COMPLETE THIS FORM AND RETURN IT WITH PAYMENT TO THE OFFICE PRIOR TO JUNE 19th.

GO ON VACATION WITH YOUR FAMILY...TOMORROW IS NEVER PROMISED!

# ATHLETIC CLEARANCE: EVERY YEAR https://www.athleticclearance.com

## Clearance for Instructions

- 1. <u>Must</u> be completed before you start official practice
- 2. <u>Must have a current physical exam (Uploaded or Hardcopy turned into AD</u>
- 3. Must turn in parent/student signature page turned into AD
- 4. Highly Recommended Join Booster Club and Pay Transportation

## WARRIOR PRIDE - Return of the Warrior

## Video that shows our vision

Where to donate

# QUESTIONS?

This powerpoint with links

http://westhighasb.com/about