

Emergency Contact Info

<u>In case of an emergency,</u> if you need to get in contact with your

child during the trip, the number to our campsite at Toyon Bay is:

(310) 510-1622

Medical Info

If you would like to use the medication for your child that we have

in our nurse's office, you need to pick it up after school on

Thursday 9/21 and return first thing in the morning on Tuesday

9/26. (We do not have school on Monday.)

TORRANCE UNIFIED HAS BEEN SENDING STUDENTS FOR A LONG TIME!



Mrs. Gima in 8th grade at CIMI!



What is Catalina Island Marine Institute (CIMI)

- Provide exciting science activities on Catalina Island
- Students will be surrounded by marine life while snorkeling
- Be able to observe organisms up-close in experiential science labs
- It's super FUN!

Experience Exciting Outdoor Education

- Hands on, minds on
- Marine biology & island ecology
- Self-esteem building and teamwork
- Environmental awareness
- Life skills & peer relations



Students will be provided w/ wetsuits and snorkeling gear!



Logistics

ARRIVE Friday Morning by 8:30AM

Wearing RED shirts or CALLE Wear

1046 Queens Hwy

Long Beach, CA 90802

Parents/Guardians: Be back at the Port of Long Beach (same as drop off location)
Sunday, Sept 24 by 3:00PM.

BOAT RIDE!

- Boat leaves early Friday Morning get to the pier EARLY
- If you tend to get sea sick, try to stay outside, eyes on the horizon
- Take your medicine before we depart
- Sometimes saltine crackers to nibble on helps or ginger chews

*There are snacks/drinks for purchase on the ferry but it is pretty expensive.



Toyon Bay Daily Schedule

12:45/1:00PM

1:45PM

Free Time

Afternoon Program

Rise and Shine!

Stack chairs, wipe tables, sweep, etc.

Breakfast

7:00AM

7:15/8:00AM

Clean up

7:45/8:30AM	Free Time	5:15/6:00PM	Dinner	
9:00AM	Morning Program	7:00PM	Evening Program	
12:15/1:00PM	Lunch	9:00/9:30PM	Quiet Hours/Lights Out	
Each meal, one group will be selected to: - Set up - Chairs, water pitchers, etc.				

MEAL TIME!

Breakfast	Lunch	Dinner		
Hot bar: pancakes, sausage,	Hot bar: pizza, hamburgers, corn	Hot bar: lasagna (meat &		
scrambled eggs, hash browns	dogs, cold-cut sandwiches	veggie), turkey, chicken, Mexican		
		style meal		
Cold/Fruit bar: cereal selection,	Salad bar: mixed greens,	Salad bar: same as lunch with a		
yogurt, fresh fruit, bagels or	chopped veggies, cheese,	vegetarian side dish		
english muffins, jam	croutons, canned fruit, salad			
	dressings, potato salad, pasta or			
	soup	_ A		
<u>Drinks</u> : water, fruit juice, milk	<u>Drinks</u> : water, fruit juice	<u>Drinks</u> : water, fruit juice		
		<u>Dessert</u> : brownies, cookies,		
		cake, ice cream		

DORM LIFE

- Separate guy/girl dorms (dorms/activity groups <u>RANDOMLY</u> assigned no requests)
- We will have both male and female chaperones who will be in the same dorms,
 but <u>NOT</u> in the same room as the students
- No food or drinks allowed in the dorms besides water



PACKING LIST

Essential Items	Optional Items	DO NOT BRING
 Water bottle Shirts/shorts (2-3) Jeans or long pants Underwear/socks (3-4) Sweatshirt or warm jacket Beach AND bath towel Swimsuit (girls- one piece) Toiletries Sleeping bag Close-toed shoes Sandals or flip flops Sunscreen Small backpack Flashlight/headlight 	 Sunglasses Hat Camera Pillow Watch with alarm Alarm Money for souvenirs Extra swimsuit (girls- one piece) Plastic bags in case your swimwear is wet on the day we leave 	 Cell phones, iPads Other electronics Knives Spearguns Firecrackers Curling iron/hair dryer Valuables Alcohol or drugs Water guns/balloons Fishing gear Gum Anything else not allowed at school is not allowed at CIMI

ONLY BRING WHAT YOU CAN CARRY - YOU WILL CARRY YOUR OWN BAGS

This includes, on and off the boat, as well as several hundred yards to their sleeping accommodations. They will repeat the process on their day of departure.

Pack personal gear in a suitable and well marked bag with your NAME, ADDRESS, SCHOOL NAME, and something CORAL attached to the luggage (ie. yarn/ribbon works well or a coral tag). *This was the color assigned to us by Toyon Bay and helps them identify luggage.* Students will need to carry their luggage on/off the boat and to their dorm area.

Please note: CIMI <u>does not</u> provide bedding. If you want, you must pack your own. Sleeping bags work well. If you prefer sheets, the beds are twin sized.





We emailed the forms out to parents and there are forms in the office.

You need to turn this in! It acts as a confirmation for your child's spot.

*You must provide medication on day of departure. Put it in a ziplock bag labeled with your child's first and last name. Their activity group chaperone will be holding the medication for the weekend.

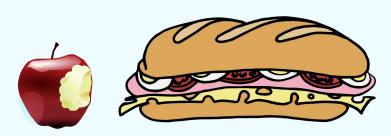


BRING A SACK LUNCH FOR DAY 1

Lunch is not provided on our day of travel.

Students need to bring their own sack lunch.

Please pack their lunch in things that can all be thrown away when they are done.



DON'T FORGET TO PICK UP YOUR CHILD ON SUNDAY, SEPT. 24th by 3:00PM

1046 Queens Hwy Long Beach, CA 90802

This is the same as the drop off location.

*Please respect the time of the parent volunteer chaperones and teacher chaperones by not being late to pick up your child.



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