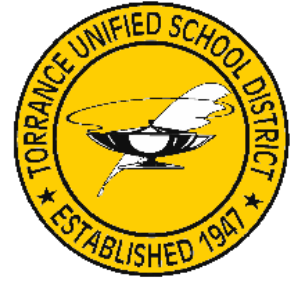




Patient Care: Sports Medicine



Health Science & Medical Technology Industry

Program Overview

The Torrance Unified School District Patient Care Pathway provides students with the academic and technical skills needed to be successful in the field of Sports Medicine. Students will learn anatomical and physiological concepts and apply them to prevention, treatment, and rehabilitation of sports injuries, taping and wrapping of injuries, first aid, CPR certification, emergency procedures, nutrition, sports psychology, rehabilitation, therapeutic modalities, and fitness/conditioning/ strength programs.



Course Sequence

Sports Therapy

Athletic Training

Student Experiences

Students are involved in **real-world learning experiences** on campus and in the community.

- On-the-Job Training with the Athletic Trainer
- Evaluation of Injury Case Studies
- Development of an Emergency Action Plan
- Industry Field Trips & Guest Speakers
- Participation in the AACI Sports Medicine Competition
- Membership in **CA Health Occupations Students of America (Cal-HOSA)** with the opportunity to participate in regional, state, and national competitions.

College & Career Ready

Students develop **soft skills** in communication, critical thinking, teamwork, leadership, and work ethic.

Students can earn an **industry certification** in

- Cardiopulmonary Resuscitation (CPR)
- First Aid
- Exercise Science & Sports Medicine

Students have an opportunity to **volunteer** at Torrance Memorial Medical Center.

Students earn **UC/CSU "G" elective credit** and are prepared to enter a **degree program** in Kinesiology.

